

Meeting Voor Mon
Flanders Cup Meeting
Organisatie : Daring Club Leuven Atletiek
Kessel-Lo: zaterdag 14 augustus 2010

Flanders Cup Records
Stadionrecords
Clubrecord

HAMMER MEN Time :15:21

1	9281	BORUSCHEWSKI BENJAMIN	80	GER	70.47
2	9282	MOEHSNER SVEN	86	GER	68.84
3	9280	WILLIAMSON AMIR		GBR	64.63
4	3213	PIERRE NICOLAS	84	CABW	64.50
5	5283	DE WYNGAERT WALTER	70	ROBA	62.41
6	9278	STOK SANDER		NED	55.67
7	2224	DE COSTER TIM	83	DCLA	50.83
8	1235	PICARD NIELS	90	RCG	47.80
9	5774	DRECKMEIER FRIEDHELM*	59	DCLA	37.16

HAMMER WOMEN Time :16:37

1	9367	SCHETTERS MAAIKE		NED	59.00	
2	9366	EZEH FLORENCE	77	FRA	57.42	
3	1893	SUSTELO IRINA	83	CABW	54.05	
4	869	NEYS FREDERIQUE	89	DCLA	50.24	
5	2147	BOUMKWO JOLIEN	93	RCG	49.15	
6	988	VANBLAERE HARMKE	89	MACW	48.45	
7	110	GEVERS TASJA	92	VOLH	47.81	
	1100	BLONDEEL PATRICIA	86	KAAG	NM	DISQ

200m MEN heats B-C... Time :16:13

Heat:1	Wind : 0.1				
1	9155	EMELIEZE PETER	88	NGR	21.06
2	9162	ROSE REMALDO		JAM	21.20
3	215	VANHAEREN STEF	92	KAPE	21.63
4	1960	THYS RUBEN	85	DCLA	21.92
5	1123	RUMMENS TIM	87	DCLA	21.98
6	2151	BRIERS KRISTOF	86	VAC	22.51
7	2909	VREUX JONATHAN	85	MOHA	22.63
Heat:2	Wind : -0.5				
1	395	VANMULDER JEROEN	91	DAC	22.20
2	3025	BUX ANTHONY	87	BAEX	22.48
3	1066	HENDRIKX JOREN	83	ACBR	22.62
4	9322	CHARLEMAGNE CHRISTOPHER		NED	22.79
5	1956	VANMULDER ROBBE	88	DAC	22.84
6	2121	VANBILSEN TIM	80	AVT	22.95
7	2850	ANDRE DORIAN	89	MOHA	23.15
Heat:3	Wind : 0.7				
1	49	PEETERS DRIES	91	DAC	22.93
2	685	EMMERY NICOLAS	92	USBW	23.80
3	2265	DECLERCQ WILLEM	88	DCLA	24.09
4	2126	MOONS HANS	82	DCLA	24.12
5	866	HISSETTE FRANCOIS	91	BAEX	24.20
6	1241	DEBAERE WOUTER	82	DEIN	24.58
7	2383	KINNAER THIJS	80	RCT	25.13

POLE VAULT WOMEN Time :18:11

1	9381	OWEN MELINDA	84	USA	4.11
2	9380	BISK AMANDA	86	AUS	4.06
3	1902	SMETS FANNY	86	RFCL	3.88
4	9378	GALIART RIANNA	85	NED	3.80
4	177	DE RYCK AURELIE	92	LYRA	3.80
6	1486	HENRY CHLOE	87	VAC	3.80
7	9377	CALDENHOVE YVETTE		NED	3.70

8	51	DHONT STEFFI	92	AVLO	3.60
9	9374	REULAND GINA		LUX	3.50
10	1376	VAN OSSELAER CAROLIEN	85	VOLH	3.40
11	179	ANDRIES NATHALIE	91	ROBA	3.20
	9382	GROOT DENISE		NED	NM

400m MEN Time :17:01

Heat:1

1	9181	MATHIEU MICHAEL	84	BAH	45.88
2	9152	THOMPSON ORAL		JAM	46.53
3	9183	STEELE EDINO	87	JAM	46.70
4	2948	GHISLAIN ARNAUD	88	BAEX	46.79
5	9494	DAVIS LANCFORD			46.88
6	9182	MILBURN JOEL	86	AUS	46.99
7	3030	OYOWE WILL	87	USBW	47.54
8	9185	MAJOLA RUBEN	86	ISR	48.32

Heat:2

1	9188	YOUNG LEWIS	76	USA	47.90
2	9186	WOLTERS PETER		NED	48.83
3	2068	ABTS WILLEM	87	DCLA	49.82
4	2444	DE VOLDER PIETER	87	DCLA	50.61
5	642	LEBLICQ YANNICK	91	DAMP	50.95
6	2447	VERHELST JENS	88	VAC	51.47
7	3177	DIALLO SALIOU	85	BAEX	53.90
	9189	OMISORE ADAM	85	GBR	DNS

Heat:3

1	1245	WINDEY PIETER	87	DCLA	52.27
2	524	ENGELEN MATTHIAS	92	AVT	52.50
3	1839	SNELLINX MAIKEL	90	ADD	52.70
4	73	COOL RANEC	91	ACHL	53.40
5	3052	GOURLE HADRIEN	93	CABW	53.42
6	4432	BYRNE TIMOTHY	67	ATLE	54.05
7	2225	DE LATHAUWER NINO	89	DCLA	54.47
8	2377	MATTHYSSENS STEVE	94	ABES	55.29

Heat:4

1	707	LOUVRIER ARNAUD	92	ATH	53.37
2	2360	VAN KESTEREN LARS	94	ROBA	55.55
3	9397	ZUIDHOF JASPER	90	NED	55.90
4	2642	VAN MOORHEM JASPER	94	ROBA	56.48
5	468	RIJCKMANS JASPER	95	ROBA	57.82
6	2859	VERMEERSCH HENDRIK	93	DCLA	58.36
7	1617	LADANG MATHEO	96	DAMP	60.59

HIGH JUMP WOMEN Time :17:49

1	9369	NOORMAN SIETSKE	91	NED	1.78
2	9370	ENGEL ANNETT		GER	1.74
3	3010	THIAM NAFISSATOU	94	RFCL	1.70
4	9486	HOFMANS TANITA	94	NED	1.70
5	1024	DE VOGELAER SARAH	89	VITA	1.66
6	1986	LEEMANS JOLIEN	94	DUFF	1.58

JAVELIN WOMEN Time :17:56

1	9373	MITCHELL KATHRYN	82	AUS	56.24
2	940	DUPRE MELISSA	86	RCG	53.97
3	9371	CRUZ SILVIA	80	POR	53.18
4	9372	CROLLA BREGJE	86	NED	52.08
5	1583	VERMEIR SARAH	84	VAC	47.73
6	302	VAN ROYEN CAROLIEN	92	ACW	39.15
7	232	VERLINDEN HANNELAURE	92	DCLA	36.15
8	355	VANDEBROEK ELYNE	91	ROBA	29.47

400m WOMEN Time :17:19

Heat:1

1	9327	HARGROVE MONICA		USA	52.33
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2	9324	NADINE OKYERE		GBR	52.99
3	9326	MASSEY KELLY	85	GBR	53.11
4	825	VAN BREMPT JOLIEN	89	ACBR	56.96
5	1410	MABBE ELIEN	87	FLAC	57.29
6	9329	KEIR ALICIA	90	AUS	59.96
7	1871	GUILLET LAURENCE	80	BAEX	59.96
Heat:2					
1	3108	LOMBE STEPHANIE	93	SMAC	59.79
2	1832	GILLET DELPHINE	86	BAEX	59.80
3	113	SPIESSENS TINE	92	ACHL	60.41
4	3044	MORAY JOHANNIE	94	HF	61.49
5	1647	FICKERS LISA	96	LACE	62.06
6	1167	VANBUGGENHOUT MARIJKE	83	LEBB	62.72
7	870	ROBBEN ELISE	89	DCLA	67.35
Heat:3					
1	1942	BRION SOPHIE	85	BAEX	63.05
2	3269	MATHY VALENTINE	94	SMAC	63.78
3	871	ROESEMS VRENI	89	DCLA	65.07
4	560	COK EVELYN	91	BAEX	68.76
5	2494	VERHOFSTADT TESS	93	ROBA	68.91
6	2817	DE CONINCK ILSE	69	ROBA	76.05

SHOT PUT MEN Time :18:22

1	9295	SCOTT DORIAN		JAM	20.16
2	9296	WINGER RUSS		USA	19.49
3	5881	BLONDEEL WIM	73	KAAG	17.76
4	9247	CORSTJENS TOM	85	NED	17.49
5	1193	VERBRUGGHE JURGEN	83	HAC	16.34
6	3048	REVYN RICHARD	82	RFCL	15.97
7	91	DENISSEN JELLE	91	LOOI	14.55
8	1300	GEVERS BJORN	89	VOLH	14.47

1500m WOMEN heats C-D Time :17:59

1	625	STORDEUR MELANIE	92	FCHA	4:49.37
2	1085	LEYSEN MARLEEN	89	ZWAT	4:49.41
3	1178	BOEL MECHTILD	90	HAC	4:49.80
4	319	VANTHILLO BRITT	91	ACBR	4:50.06
5	165	VAN DEN BROECK JONA	92	GRIM	4:50.97
6	185	VERBEECK TATJANA	91	ROBA	4:53.06
7	1004	BOONEN JOLIEN	90	ACHL	4:55.11
8	1653	GALLE ANNA	89	RCG	4:56.84
9	1047	VANDE KERCKHOVE NELE	86	HCO	4:59.23
10	258	HENS EVY	91	ESAK	5:07.93
11	60	STALMANS FLO	91	DCLA	5:10.33
	915	DEKETELAERE ANNELIES	86	HAC	DNF
	2294	VAN DEN BROECK JOLIEN	93	GRIM	DNS
	893	DE HAES EVELIEN	90	HULS	DNS
Heat:2					
1	1120	STORMS BIRTE	90	ROBA	5:12.85
2	1487	MOENS KATRIEN	82	VAC	5:13.18
3	267	VAN RAEMDONCK VEERLE	91	VOLH	5:21.45
4	669	PIRAUX ELISE	92	ATH	5:21.70
5	772	JACOBS MARGIT	89	ATLA	5:21.86
6	2164	SOMVILLE GAELLE	94	OEH	5:25.12
7	1520	CASTREMAN JULIE	96	CABW	5:30.47
8	898	DE POTTER PHAEDRA	95	ROBA	5:31.59
9	3566	VANGOIDSENHOVEN DIZIANA	74	ROBA	5:32.63
10	1812	NOULLET ANNELEISE	88	USTA	5:33.08
11	122	AUGUSTIJNS FEMKE	96	DCLA	5:33.70
12	2111	CEUPPENS SARA	93	GRIM	5:35.30
13	594	DE WILDE JOLIEN	95	DCLA	6:00.17

POLEVULT MEN Time :20:56

1	9293	VAN WENGERDEN WOUT	87	NED	5.42
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2	2659	HOFFELT SEBASTIEN	84	ULA	5.11
3	2835	VANHEES LAURENT	89	ACO	5.11
4	1958	DE MEYER JONAS	84	DCLA	4.85
5	9294	VENDERBOSCH RINZE	88	NED	4.70
6	1422	VAN ALPHEN HANS	82	ZWAT	4.70
7	2834	LE BLEVEC JEROME*	78	ACO	4.50
8	406	PITOMVILS NIELS	92	LOOI	4.50
9	761	GENET DENIS	91	ACO	4.25
	3055	CREMERS REGIS	88	ACO	NM

TRIPLE JUMP WOMEN Time :18:43

1	9389	DEMUT KATJA	83	GER	13.56	-0.5
2	1473	CLAES ANNE	83	ATLA	12.88	+0.1
3	825	VAN BREMPT JOLIEN	89	ACBR	12.51	-0.3
4	608	LOUREIRO ELSA	92	RFCL	11.35	-0.5
5	1033	NYS INGE	90	VS	10.19	+0.1

800m MEN heats C-D-E... Time :19:22

1	2506	CARDILLO JOACHIM	88	RFCL	1:52.52
2	9266	BOON PAUL	88	NED	1:52.54
3	1148	VERMUYTEN EVERT	90	DCLA	1:54.16
4	1	PLATTEAU NIELS	92	LAT	1:54.18
5	9267	LARASEN ANDREW	70	GBR	1:54.46
6	9265	FISCHER SVEN	91	LUX	1:55.14
7	59	GROFFEN ANDY	92	AVKA	1:55.56
8	1456	SCREVE ALEXANDRE	95	MOHA	1:55.98
9	1658	GORDTS JOREN	86	DCLA	1:57.56
10	1654	WYTINCK THOMAS	84	RIEM	1:57.76
11	9269	BAARS JORDI	92	NED	1:59.91
	2068	ABTS WILLEM	87	DCLA	DNF
Heat:2					
1	1636	VAN DE PUTTE CEDRIC	90	RCG	1:57.82
2	9245	LECOMTE JULIEN	93	FRA	1:57.83
3	1573	BIERINCKX VINCENT	90	ACHL	1:58.19
4	9271	KLEINE KOERKAMP RONALD	75	NED	1:58.71
5	1295	DE CALUWAERT CEDRIC	89	VOLH	1:58.97
6	1115	DE BOSSCHER PIETERJAN	90	AVLO	1:59.29
7	1199	JANSSENS TIM	89	VS	1:59.70
8	281	VAN PRAET RUBEN	91	RCG	2:00.47
9	1233	LAPRUDENCE CHRISTOPHE	84	RCG	2:01.30
10	9270	BLAUWHOF BJORN	90	NED	2:01.35
	1928	PANS NICK	90	ROBA	DNS
Heat:3					
1	317	LATINNE REYNALDO	92	DCLA	1:57.98
2	1979	DILLEN KOEN	83	DCLA	1:58.70
3	9277	SCHMIT NICOLAS	92	LUX	1:58.85
4	1485	VERMEYLEN MICHAEL	84	ROBA	1:58.99
5	279	MEULEMAN JEROEN	92	RCG	1:59.26
6	1572	PRIMS JO	84	ACHL	1:59.57
7	1828	VAN DE VELDE JORIS	89	ROBA	1:59.78
8	4679	GRYMONPON JOOST	69	ROBA	2:00.42
9	9349	CHRZAN ROMAIN	91	FRA	2:02.43
10	82	DE BRUYNE TOON	91	AVLO	2:05.26
11	9272	KRUIVER JIM	92	NED	2:08.91
	1116	DE LOOSE STEVEN	89	AVLO	DNF
Heat:4					
1	1547	CORNELIS JAN	90	OEH	1:58.61
2	1532	VRIENS LUKAS	89	ACHL	2:00.20
3	2941	MIESZALSKI ROMAIN	93	OCAN	2:01.69
4	277	DE BRUYNE IMRE	92	RCG	2:01.96
5	1566	STEYFKENS WOUTER	78	RCG	2:02.40
6	9276	VAN AVENDONK JACK	67	NED	2:02.75
7	3067	WALIWENDER SIMON	93	MOHA	2:02.84
8	2346	HAMDY IDRIS	93	GRIM	2:03.33

9	404	VERSTAPPEN CEDRIC	92	ACKO	2:03.62
10	1672	DEMEYERE HANS	89	ACKO	2:04.10
11	9274	BERTEMES BOB		LUX	2:07.43
	3214	RAETS MICHAEL	84	RCB	DNF
Heat:5					
1	1748	VANDENSANDE JORIS	89	DCLA	2:01.46
2	1124	RUMMENS KOEN	86	DCLA	2:04.32
3	1153	DE CREM NICO	90	BONH	2:04.73
4	1037	TIMMERMANS THIBAUT	87	ABES	2:05.12
5	4720	STEURS WIM	64	DCLA	2:06.33
6	3296	GOUTHIERE JEROME	93	CRAC	2:06.51
7	5290	WOUTERS JOERI	74	ROBA	2:06.63
8	1746	THIJS DAAN	90	DCLA	2:11.03
9	286	ADRIAENS JENS	91	DUFF	2:12.21
Heat:6					
1	3039	DUMONT REMY	93	ATH	2:05.53
2	2365	POFFE CHIEL	93	DCLA	2:07.43
3	2141	BOON JOACHIM	93	DCLA	2:07.58
4	2763	VERDEYEN JELLE	93	DCLA	2:07.60
5	1340	VAN DEN BERGHE RUBEN	89	LEBB	2:07.89
6	2136	VERBEYLEN IAN	93	DCLA	2:08.80
7	2061	VAN OLMEN KRISTOF	94	ABES	2:12.73
8	4677	DE RAET JAN	65	ROBA	2:13.26
9	2319	RONDAS TOM	79	ABES	2:14.06
Heat:7					
1	3274	KASSA MOHAMMED*	93	CRAC	2:13.92
2	1554	GUILICK ANTOINE	95	ACO	2:14.79
3	2029	LAEREMANS BRAM	94	BONH	2:16.78
4	6199	JESPER WIM	75	VAC	2:17.27
5	442	HERBOTS DAAN	95	VAC	2:18.02
6	2123	LAMMENS WOUTER	94	DCLA	2:20.82
7	362	VAN BUGGENHOUT ADRIAAN	95	VAC	2:25.05
8	1395	MANERA AURELIEN	96	DAMP	2:32.42
9	182	SODERMANS THOMAS	96	DCLA	2:33.47

800m WOMEN heats C-D-E... Time :18:59

Heat:1					
1	9357	DERRIKS LONNEKE	87	NED	2:11.55
2	9356	GRUTTERS INGRID		NED	2:11.79
3	1339	SCHILS MARLIES	90	MAC	2:12.27
4	9388	BRAMLEY ANNA	90	NZL	2:14.36
5	9358	MELLINA MARTINE	90	LUX	2:18.11
6	9391	SCHARTZ JOANNE	93	LUX	2:18.82
7	68	GALLEIN SOFIE	92	AVR	2:19.05
8	2905	GERARDY ALINE	94	ARCH	2:20.67
9	2	MOONS SHAUNI	95	LAT	2:25.75
10	527	LEDENT MORGANE	92	RFCL	2:27.04
11	144	SERGOORIS FREYA	92	DUFF	2:29.19
	1862	LAURENT AGNES	88	HF	DNF
	9329	KEIR ALICIA	90	AUS	DNF
Heat:2					
1	2998	SIMON GWENAELLE	93	MOHA	2:30.06
2	513	GILSON AURELIE	92	CRAC	2:32.30
3	361	GRYP DORIEN	95	VAC	2:34.33
4	1020	VERBRUGGEN HANNA	95	DCLA	2:36.02
5	1106	DEBOECK MAAIKE	87	GRIM	2:38.57
6	2437	WILLEKENS MARIJKE	63	DCLA	2:39.94
7	803	LUYCKX TILLY	76	ABES	2:40.81
8	2405	MENSAERT MYRIAM	61	DCLA	2:44.84
9	1938	ANDRE ESTELLE	81	FCHA	2:51.02
10	3825	WRIGHT CAROL ANN	50	SMAC	2:55.78
	3141	VAN WEMMEL MONIQUE	54	LEBB	DNS
	2224	GRYP TINE	93	VAC	DNS
	132	DE WACHTER HANNELORE	92	VAC	DNF

HIGH JUMP MEN Time :19:57

1	9284	NIETO JAMIE		USA	2.18
2	9285	GRAYMAN JAMES	85	ANT	2.14
3	9286	KNEIFEL SEBASTIAN		GER	2.12
4	2158	HUBERT TIMOTHY	82	VS	2.07
5	230	MAES SANDER	92	AVT	2.04
6	2976	LAMBERT ROMAIN	93	DAMP	1.92
	2984	HUTLET AURELIEN	93	DAMP	NM

SHOT PUT WOMEN Time :19:25

1	9195	DUCO NATALIA		CHIL	17.76
2	9386	BOEKELMAN MELISSA	89	NED	17.52
3	9385	CERIVAL JESSICA	82	FRA	16.49
4	879	TIMMERMANS CATHERINE	86	DCLA	15.56
5	3010	THIAM NAFISSATOU	94	RFCL	11.96
6	1117	HICKETICK SARAH	89	ROBA	9.71

400mH MEN Time :19:19

1	9198	YATES RICHARD	86	GBR	49.93
2	9196	BUCKLEY MARKINO	86	JAM	50.59
3	9199	SUMMER BENJAMIN	83	GBR	50.68
4	9197	MAILLARD SEBASTIEN	81	FRA	51.31
5	9235	DE CASTRO CRUZ FELIPE	87	AUS	53.62
6	2033	DEVLIEGER KIRSTEN	84	FLAC	53.68
7	2087	AZZOLINI JEREMY	89	VAC	53.97
8	9233	LEE SEUNG-YOON	89	KOR	54.20

Heat:2

1	1219	LICHTERT STIJN	87	OLSE	53.63
2	3089	WARNANT BENOIT	89	FCHA	55.35
3	9236	BENNETT PAUL		WAL	56.00
	1236	VAN DE STEEN NICOLAS	86	RCG	DNF

400mH WOMEN Time :19:32

1	9331	RICHARDS JILL	87	GER	57.69
2	1939	KABOUD ME BAM MADELEINE C	78	CABW	58.19
3	9261	VERSTEGEN SANNE		NED	58.34
4	9332	WELLS SARAH		CAN	58.88
5	9336	SCHOTT MAREN	76	GER	59.60
6	9333	MOHD KHALID NORASEELA	79	MAL	59.62
7	9334	GRANVILLE CARYL	89	GBR	61.02

Heat:2

1	9337	KASSAMBARA AUREORE	79	FRA	59.64
2	9335	DOUGLAS HANNAH	78	ENG	61.26
3	817	VAN HERTEM KIM	86	DALO	61.86
4	1322	DUINSLAEGER EVA	88	ROBA	63.82
5	250	BOONE KATRIJN	92	HAC	64.29
6	2956	LEPRINCE AUDREY	94	DAMP	64.74

JAVELIN MEN Time :19:53

1	9291	HAZLE MIKE		USA	78.13
2	9288	BLOMMERDE BJORN	87	NED	74.59
3	9290	TIMMERMAN LARS	91	NED	71.46
4	1126	HERMAN TIMOTHY	90	VS	66.11
5	9287	DEKKERS ARJAN	86	NED	64.57
6	9289	BLOMMERDE JEROEN	84	NED	63.83
7	1494	SPAEPEN PIETER	84	ADD	51.10

1500m WOMEN heats A-B Time :19:55

1	9313	HALL SARA	83	USA	4:12.69
2	9314	KREBS DENISE	87	GER	4:13.42
3	9311	HOWARD JULIA	83	CAN	4:15.17
4	764	MAVEAU BARBARA	87	FLAC	4:18.08
5	9320	NICOD LARA	85	AUS	4:19.70

6	9384	ERIKSSON HEIDI		FIN	4:21.57
7	9317	HOFSTED HELEN	80	NED	4:24.08
8	9321	TREACY SARA	89	IRL	4:24.56
9	2056	DE BLEECKER CAMILLA	94	DEIN	4:24.78
10	978	VAN DER STRICHT LYNN	88	VITA	4:25.02
11	9316	HOULIHAI SHAYLA		USA	4:25.80
12	9319	NIVET AMELIE	73	FRA	4:34.99
	1285	VANDEN BEMPT SIGRID	81	DCLA	DNF

Heat:2

1	3784	LOUBELE NATHALIE	67	BBS	4:29.95
2	857	VAN ACCOM SOFIE	89	ACHL	4:31.27
3	805	AMELOOT NATALIE	80	KAAG	4:31.38
4	2394	DEBAETS CORINNE	63	DCLA	4:33.48
5	81	POLLENTIER LIESBETH	91	LAT	4:34.39
6	1402	SEGRS SARA	85	DAC	4:36.05
7	1671	VERHAEGHE MARIEKEN	85	DCLA	4:37.11
8	760	PICAVET SOFIE	88	ZELE	4:41.22
9	1198	DEJONGHE EVA	90	OB	4:42.60
10	916	CORSTJENS ERIKA	89	AVT	4:46.28
	889	VAN HOEYMISSEN ELKE	81	DCLA	DNF
	1335	STEFFENS ELKE	87	SPVI	DNF
	9356	GRUTTERS INGRID		NED	DNF

1500m MEN heats A-B Time :20:09

1	9480	INGEBRIGTSEN HENRIK	91	NOR	3:38.61
2	9479	NURME TIIDREK	85	EST	3:38.77
3	9398	HEATH GARRETT	85	USA	3:38.84
4	9484	SANDELLS NICLAS	84	FIN	3:39.43
5	9482	UENO YUICHIRO	85	JAP	3:39.52
6	9383	BEUGNET GREGORY		FRA	3:39.73
7	9490	MARTINSON GEOFF	86	CAN	3:40.27
8	1764	TASAMA FAISA DAME*	87	VAC	3:40.67
9	9489	STOKVIS RENE		NED	3:43.60
10	1179	HAMDI ALI	89	GRIM	3:43.75
11	9399	KIMTAI ROTICH- ALEX	87	KEN	3:44.14
12	9485	VELDE MORTEN	84	NOR	3:45.84
	9483	THIE JAMES	78	WAL	DNF

Heat:2

1	1113	VAN KOOLWIJK KRIJN	81	DCLA	3:48.15
2	9497	ROUWEN BRAM	85	NED	3:48.73
3	1234	MISPLON BERT	88	RCG	3:49.13
4	2828	BYL JEAN CHARLES	78	RCB	3:49.21
5	9495	PARK JUNG-JIN	81	KOR	3:49.57
6	9496	SCHOUT LUC	87	NED	3:49.84
7	9264	GROEN TIJS	85	NED	3:50.26
8	1392	VAN WAEYENBERGE MARIO	85	DUFF	3:50.92
9	9499	PRENDERGAST TIM	79	NZL	3:51.37
10	9492	PLANQUE THOMAS	79	FRA	3:51.44
	1	PLATTEAU NIELS	92	LAT	DNF
	9139	THIELEN CHRISTIAN		LUX	DNS

800m MEN heats A-B Time :20:29

Heat:1

1	9262	SOLOMON DUANE	84	USA	1:46.02
2	9260	ELLERTON ANDREW	83	CAN	1:46.85
3	9240	MULDER TYLER	87	USA	1:47.03
4	9244	MUMBA PRINCE	84	ZAM	1:47.44
5	1042	STUBBE MATTHIAS	90	OB	1:50.09
6	9242	KIPCHIRCHIR KOSGEI ISAAC	84	KEN	1:58.33
	9237	BARRIOS EUGENIO	76	ESP	DNF
	9241	HERNANDEZ JACOB	85	USA	DNS
	2218	BULTHEEL MICHAEL	86	FLAC	DNF

Heat:2

1	9488	FERGUSON QUIN	88	CAN	1:48.65
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2	9248	PENNEKAMP NILS	87	NED	1:49.45
3	1314	VAN DEN BOSSCHE BRIAN	89	ACHL	1:52.05
4	1469	DE KERPEL WESLEY	88	ROBA	1:52.17
5	89	VANATTENHOVEN MATTHIAS	92	DCLA	1:52.70
6	1520	VERBIEST MAARTEN	82	ACHL	1:53.21
7	2047	COEMANS NICKY	90	ACKO	1:56.11
	9186	WOLTERS PETER		NED	DNF

800m WOMEN heats A-B Time :20:38

Heat:1

1	9368	SINCLAIR KENIA		JAM	1:59.43
2	9359	CUMMINS DIANE	74	CAN	2:00.08
3	9344	KOECH CHERONO	92	KEN	2:01.39
4	9232	BECKWITH MOLLY		USA	2:01.94
5	9343	BERNARD-THOMAS NEISHA	81	GRN	2:02.40
6	9360	OGBASILASSIE LEMLEM	87	CAN	2:02.88
7	9345	DORNIDEN HEATHER	87	USA	2:03.42
8	954	DE GRANDE LINDSEY	89	OEH	2:04.37
9	1575	DEBROUX CHARLOTTE	83	DCLA	2:04.50
10	30	VANGANSBEKE ZENOBIE	92	KAAG	2:10.96
	9327	HARGROVE MONICA		USA	DNF

Heat:2

1	9361	BISHOP MELISSA	88		2:05.95
2	9347	HUH YEON-JUNG	80	KOR	2:06.84
3	9350	NIEDERER ELISABETH	85	AUT	2:07.53
4	9353	KHADILLA RAHMOUNI EL ALAM	86	ESP	2:07.88
5	9362	VAN DER VEEN JOSE	80	NED	2:09.34
6	231	DEBOTH ELINE	92	DCLA	2:10.00
7	9354	SON SOO-YEON	87	KOR	2:15.52
	1939	KABOUD ME BAM MADELEINE C	78	CABW	DNF

5000m MIXT heat A Time :20:57

Heat:1

1	9339	ESTHETE SHITAYE	90	BRN	15:15.79
2	1621	BELETE ALMENSCH*	89	VAC	15:17.37
3	1764	TASAMA FAISA DAME*	87	VAC	15:17.53
4	9341	BRITTON FIONNUALA	85	IRL	15:44.76
5	962	VANDERMARLIERE KOEN	85	FLAC	15:47.56
6	1235	SCHENKEL SANDRA	86	DCLA	15:47.58
7	1636	VAN DE PUTTE CEDRIC	90	RCG	15:56.82
8	1209	DE SCHRIJDER SELIEN	86	RCG	15:56.89
9	9340	HESLOP JUSTINA		GBR	16:13.24
10	5237	FIEUWS STEFFEN	69	RCT	16:56.84
11	2009	VANIER SCHOT MAARTEN	79	AVT	16:56.94
12	289	BOSMANS KIM	91	AVT	17:02.57
13	958	VANDE RIVIERE KATRIJN	90	DEIN	17:39.22
14	1071	DE LEPELEIRE BERT	82	DEIN	17:39.43
15	955	VANDE RIVIERE ANNELEEN	85	DEIN	17:57.75
16	3656	BULTINCK MARC	58	DEIN	17:57.96
	1093	DE CUPERE KATLEEN	80	RCT	DNF
	1959	SEGERS DAVY	77	DCLA	DNF

110mH MEN Time :21:04

Heat:1 Wind : 0.4

1	9365	FONTENOT RYAN	86	USA	13.87
2	9154	NURUDEEN SELIM	83	USA	13.89
3	9393	BOGDANOF TIMOTHY		USA	14.29
4	9392	RAYZAMSHAH WAN SOFIAN	88	MAS	14.36
5	9395	LEE HYEON-WOO	85	KOR	14.54
6	1422	VAN ALPHEN HANS	82	ZWAT	14.88
	9390	COCO-VILOIN SAMUEL	87	FRA	DNF

3000m MEN heat A Time :21:27

Heat:1

1	9163	YENEW ALAMIREW		ETH	7:46.11
2	9346	LEER WILL	85	USA	7:49.73
3	9168	SHUGI BILISUMA		ETH	7:51.11
4	9167	KAROKI BITAN		KEN	7:51.91
5	9171	PIERCE JONATHAN	83	USA	7:53.93
6	9170	BEKELE ALEMU		BRN	7:54.47
7	9166	YAZAWA YO	90	JAP	7:57.62
8	1266	D'HOEDT JEROEN	90	OEH	7:57.88
9	1111	RUELL KIM	87	DCLA	7:58.71
10	9172	KOSGEI KITUM SILAS		KEN	7:59.90
11	9164	TAKAHASHI YUTA	87	JAP	8:00.21
12	9165	KEMBOI HILLARY		KEN	8:02.15
13	2162	VAN STEEN MAARTEN	80	DCLA	8:02.62
14	136	LEYSEN ERWIN	91	ZWAT	8:11.81
15	1161	YESHETELA BEKELE ATELAW	87	AVZK	8:12.37
16	189	LUNDERS MATS	91	LYRA	8:12.89
17	9173	HAHN ALEXANDER	89	GER	8:16.53
18	979	TORFS SANNE	88	DUFF	8:24.29
19	221	VAN DYCK MAARTEN	91	ROBA	8:24.88
20	1805	BOLLEN FRANK	82	ATLA	8:31.63
	1098	VAN ROOY TOM	82	ACHL	DNF
	3228	SIHAMMANE ABDELJEBBAR*	82	BAEX	DNF
	9169	TAKEZAWA KENSUKE	86	JAP	DNF
Heat:2					
1	9177	MELLINA POL	88	LUX	8:23.87
2	1351	VAN ASSCHE LUKAS	89	VAC	8:24.26
3	9176	TOTZAUER FLORIAN	86	GER	8:24.97
4	1444	ROELS JONAS	83	LAT	8:26.40
5	2115	NYS SVEN	80	AVT	8:29.53
6	9179	BEKERS COLIN	79	NED	8:29.71
7	108	HANNES PIETER-JAN	92	OLSE	8:29.93
8	549	BASEMANS DRIES	92	DCLA	8:33.73
9	982	VERSCHOREN BART	77	DUFF	8:36.12
10	393	WILLEMS BJORN	91	ZWAT	8:38.12
11	1106	DE CONINCK TIM	90	DCLA	8:40.66
12	1551	SERGOORIS JONAS	90	OEH	8:44.62
13	2258	HUMBLE BART	86	RIEM	8:45.29
14	1134	RONDAS XAVIER	81	RIEM	8:45.61
15	9180	BARRETT NATHAN	92	NZL	8:59.50
	1725	BUSSELOT DRIES	83	DCLA	DNF
	1059	VAN LIERDE PHILIP	77	OPW	DNF
Heat:3					
1	2936	DENAYS PIERRE	89	USTA	8:36.30
2	1431	MORIAU TIM	88	OEH	8:41.07
3	1538	GEENS GUNTER	81	AVZK	8:41.09
4	1479	VAN HOOFF DRIES	80	ROBA	8:41.20
5	2555	BENOIT MATHIEU	85	CABW	8:44.73
6	3678	DE VOCHT PETER	60	AVZK	8:45.52
7	2967	VAN VRACEM ARNAUD	90	CABW	8:46.11
8	2529	FLORIZOONE THOMAS	88	SMAC	8:46.56
9	245	MESTDAGH SIMON	91	HAC	8:49.58
10	159	BAETE MARTIJN	92	RIEM	8:52.16
11	154	DEWULF THOMAS	91	HAC	8:57.20
12	2116	THYS ROB	78	ABES	9:07.12
13	2985	LHOIR JULIEN	94	ULA	9:16.02
	2553	LAUWERS AURELIEN	85	CABW	DNF
	1476	BASEMANS MICHEL	87	DCLA	DNF
Heat:4					
1	9178	ENGELS JEROEN		NED	8:52.56
2	1379	DEJONGHE MAARTEN	81	ATLE	8:58.97
3	118	CEUPPENS STEF	92	ALVA	9:11.20
4	1912	WOUTERS ROEL	78	ACBR	9:11.80
5	9243	VAN DER STEEN RIK	94	NED	9:16.23
6	3109	FRANKART THIBAUT	93	SMAC	9:16.36

7	1371	MARCELIS TOM	79	ACP	9:21.21
8	2527	TIMMERMANS CEDRIC	93	DCLA	9:23.01
9	4366	GRYP LIEVEN	64	VAC	9:24.89
10	1350	VAN BUGGENHOUT MATTHIAS	90	VAC	9:29.10
11	2640	DETREZ DAMIEN	79	RFCL	9:30.73
12	983	DE NYS MAARTEN	89	DUFF	9:32.59
13	1549	VAN SCHUERBEEK GERT	84	OEH	9:50.68
14	1348	DE ROO LIEVEN	90	VAC	9:54.38
15	9238	JANSE MICHA	74	NED	10:10.65
16	3916	VAN THIENEN JOZEF	51	GRIM	10:38.38

1500m MEN heats C-D Time :22:36

Heat:1

1	9500	NOUWS MARK	90	NED	3:54.81
2	977	MORTELMANS MAARTEN	89	DUFF	3:55.79
3	9239	VAN DER PUTTEN MARIJN	75	NED	3:59.09
4	9136	DALGAARD ESBEN	85	DEN	3:59.34
5	1508	DE SCHRYVER DAVY	88	LAT	3:59.60
6	276	DE BOCK THOMAS	91	RCG	4:00.10
7	9133	NIEMEIJER ERIK	79	NED	4:00.55
8	1332	BAETE GIELJAN	90	RIEM	4:00.78
9	9135	VAN DER STEEN MAIKEL	92	NED	4:01.03
10	2961	MERVEILLE BENJAMIN	88	CSF	4:01.17
11	2371	VAN VYNCKT KEVIN	89	DEIN	4:02.13
12	9134	BERTEMES BEN		LUX	4:02.41
13	1201	VAN DER HOEVEN BERT	89	VS	4:03.18
14	9493	PLANTING ROBERT	81	NED	4:03.93
15	2807	DOUMONT DAMIEN	85	ULA	4:06.79
16	1226	DE BEULE MATTHIAS	88	RCG	4:07.57
	89	VANATTENHOVEN MATTHIAS	92	DCLA	DNF
	1473	CASTEELS TIM	84	ROBA	DNF

Heat:2

1	9139	THIELEN CHRISTIAN		LUX	3:59.70
2	1500	MORAY LUCAS	89	SPVI	4:01.12
3	9143	STEIN NITAI	88	ISR	4:01.91
4	2907	FINTOLINI DORIAN	93	RFCL	4:02.40
5	265	VANDAELE STEIN	92	OB	4:02.43
6	1267	D'HOEDT SANDER	90	OEH	4:03.20
7	3215	VAN GASSE ETIENNE	84	RCB	4:04.03
8	1625	DE WULF PIETER	88	RIEM	4:04.19
9	1060	SLACHMUYLDERS NIELS	88	OPW	4:07.40
10	4328	DUBOIS WILFRIED	59	EA	4:07.66
11	1930	CONVENTS TIMOTHY	89	ROBA	4:08.17
12	9141	ILAN NIR	85	ISR	4:09.02
13	268	COREMANS DAAN	91	ROBA	4:09.18
14	1178	VAN GOOLEN BERT	90	GRIM	4:09.49
15	2175	JANSSENS NILS	93	DCLA	4:11.22
16	1846	STEFFENS THOMAS	87	SPVI	4:14.50
	9142	DE VRIES JELMER	91	NED	DNF
	3987	INGHELBRECHT ANDY	73	HAC	DNF
	984	DE ROOVERE JENS	90	DUFF	DNF

Heat:3

1	2392	NEYNS ROBBE	94	LEBB	4:28.12
2	1269	GOEDFROOT JONATHAN	90	OEH	4:28.43
3	5495	STORMS ALEX	63	ROBA	4:30.11
4	3097	LEDENT ROMAIN	94	RFCL	4:30.69
5	1268	GOEDFROOT DIMITRI	90	OEH	4:36.18
6	3914	DE MARS KRIS	61	GRIM	4:37.29
7	2076	AUGUSTIJNS MILAN	94	DCLA	4:37.83
8	467	STEENWERCKX MATTHIAS	95	ROBA	4:38.48
9	1470	BEYNAERTS KIM	85	ROBA	4:40.89
10	1989	BRACKX T21 STEVEN	81	LEBB	4:47.38
11	218	D'HOORE RAF	96	HAC	4:48.48
12	5464	STICHELMANS FRANK	64	ACP	4:49.99

13	31	BILLEN ARNE	95	BONH	4:50.98
14	466	STEENWERCKX CEDRIC	96	ROBA	4:53.41
15	462	STORMS BJARNE	95	ROBA	5:00.90
Heat:4					
1	19	VERHEYDEN NICK	92	BONH	4:13.45
2	3129	COSTER JULIEN	89	USBW	4:15.24
3	300	VAN AVONDT STEFFEN	91	LAT	4:16.02
4	1634	DE SCHRIJVER DIMITRI	90	RCG	4:16.38
5	2414	PAUWELS STEVEN	90	DCLA	4:16.54
6	693	PIRARD LOGAN	92	HF	4:17.57
7	1448	VAN THIENEN WOUTER	79	GRIM	4:17.71
8	1102	VERHAERT KRIS	78	ACHL	4:18.74
9	2395	VANDEWALLE MARCO	93	HAC	4:20.12
10	2793	VAN BREUSEGEM LENNART	94	MACW	4:20.22
11	2411	DEVREKER TIM	93	HAC	4:21.53
12	1029	COERTJES RIEN	90	ABES	4:22.34
13	1599	COREMANS BRECHT	88	ROBA	4:23.41
14	398	VAN DER STEEN MITCHEL	91	AVKA	4:24.95
15	1592	DE WACHTER SVEN	89	OB	4:25.21
16	1909	VAN DER ELST HENDRIK	88	VS	4:28.50
17	84	VAN DEN EECKHOUT BRAM	92	VS	4:48.35
18	3915	HERINCKX JOS	53	GRIM	4:53.41

5000m MIXT heat B Time :22:53

Heat:2					
1	829	RENS ELS	83	AVZK	17:40.80
2	3666	COECKELBERGS GILBERT	66	AVZK	17:41.22
3	3711	VAN PARYS JAN	66	DEIN	18:07.04
4	827	DE WAELE GRIET	87	DEIN	18:07.28
5	2587	MEUNIER BASILE	81	DAMP	18:18.10
6	3103	KOPPEN GUDRUN	69	GEEL	18:30.45
7	3848	VAN LIEROP PIET	65	DCLA	18:30.75
8	482	DE COCK FLORENCE	92	FCHA	19:14.78
9	2672	VAN LOO REMI	90	FCHA	19:14.93

200m MEN heat A Time :19:05

Heat:1 Wind : 0.0					
1	9152	THOMPSON ORAL		JAM	20.72
2	3049	BORLEE JONATHAN	88	WS	20.87
3	9153	MCKENZIE RAMONE	90	JAM	20.93
4	9183	STEELE EDINO	87	JAM	21.01
5	9494	DAVIS LANCFORD			21.07
6	3040	DESTATTE ARNAUD	88	BAEX	21.65
	9154	NURUDEEN SELIM	83	USA	DNS